

KS1 D and T Quiz - Cooking (Questions)

This quiz addresses part of the requirements of the National Curriculum KS1 Design and Technology for children aged 5 and 6 in years 1 and 2. Specifically it looks at planning, preparing and cooking simple meals. It is one of 10 quizzes to help you with designing and making useful things, and finding out about how things are made.

Cooking is fun. It is also useful. You might be asked to make sandwiches, make a salad, make meals, or bake a cake. This quiz looks at some of the skills you need to do well in cooking. Like in other jobs, planning and preparing are important when cooking. You need to be very well organised. How well prepared are you to answer these ten quiz questions?

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| <p>1. Harry's Dad is going shopping. He needs to know what food to buy for the week ahead, so he plans all the meals for the family. What sort of meals should he plan?</p> <p><input type="checkbox"/> The same meals every day
<input type="checkbox"/> The same food every day
<input type="checkbox"/> Pizza every day
<input type="checkbox"/> Different meals every day</p> | <p>2. Ella's teacher asks her to design a sandwich. Ella decides to use ham, tomato, lettuce and mushrooms. What else will Ella need for her sandwich?</p> <p><input type="checkbox"/> Chips
<input type="checkbox"/> Cake
<input type="checkbox"/> Bread
<input type="checkbox"/> Potatoes</p> |
| <p>3. Jack's class are designing a healthy lunch. The teacher says they need to include a fruit. Which one of these is a fruit?</p> <p><input type="checkbox"/> Carrot
<input type="checkbox"/> Pear
<input type="checkbox"/> Cabbage
<input type="checkbox"/> Beetroot</p> | <p>4. Harriet is helping her mum bake a cake. They have a list of ingredients and instructions. This is called the _____.</p> <p><input type="checkbox"/> Manual
<input type="checkbox"/> Book
<input type="checkbox"/> Code
<input type="checkbox"/> Recipe</p> |
| <p>5. The recipe says to beat an egg. What will Harriet and her mum use to do this?</p> <p><input type="checkbox"/> A knife
<input type="checkbox"/> A frying pan
<input type="checkbox"/> An egg cup
<input type="checkbox"/> A whisk</p> | <p>6. Harriet and her mum are making a cake. They put all the ingredients into:</p> <p><input type="checkbox"/> The bin
<input type="checkbox"/> A small saucepan
<input type="checkbox"/> A frying pan
<input type="checkbox"/> A mixing bowl</p> |
| <p>7. Harriet and her mum put the mixture into a round baking tin. Then Harriet's Mum puts it into the oven to _____.</p> <p><input type="checkbox"/> Melt
<input type="checkbox"/> Freeze
<input type="checkbox"/> Bake
<input type="checkbox"/> Fry</p> | <p>8. Tom and his dad are making bread at home. First they mix flour, water and yeast to make a _____.</p> <p><input type="checkbox"/> Dough
<input type="checkbox"/> Mess
<input type="checkbox"/> Cake
<input type="checkbox"/> Jam</p> |
| <p>9. Tom and his dad bake the bread in an oven. The oven has to be at just the right _____.</p> <p><input type="checkbox"/> Weight
<input type="checkbox"/> Height
<input type="checkbox"/> Temperature
<input type="checkbox"/> Length</p> | <p>10. What must you do after you have finished cooking?</p> <p><input type="checkbox"/> Clean, wash-up and put everything away
<input type="checkbox"/> Leave everything for somebody else to do
<input type="checkbox"/> Go straight out to play
<input type="checkbox"/> Throw everything in the bin</p> |

KS1 D and T Quiz - Cooking (Answers)

1. Harry's Dad is going shopping. He needs to know what food to buy for the week ahead, so he plans all the meals for the family. What sort of meals should he plan?

- The same meals every day
- The same food every day
- Pizza every day
- Different meals every day

It can be hard thinking of a different meal every day. Can you plan the meals for your family for just one day?

3. Jack's class are designing a healthy lunch. The teacher says they need to include a fruit. Which one of these is a fruit?

- Carrot
- Pear
- Cabbage
- Beetroot

All four are good for you, but only the pear is a fruit. The other three are vegetables

5. The recipe says to beat an egg. What will Harriet and her mum use to do this?

- A knife
- A frying pan
- An egg cup
- A whisk

The whisk mixes the egg really well

7. Harriet and her mum put the mixture into a round baking tin. Then Harriet's Mum puts it into the oven to ____.

- Melt
- Freeze
- Bake
- Fry

Ovens can be very hot, so you need to be careful

9. Tom and his dad bake the bread in an oven. The oven has to be at just the right _____.

- Weight
- Height
- Temperature
- Length

If the oven is too hot, the bread will be burnt

2. Ella's teacher asks her to design a sandwich. Ella decides to use ham, tomato, lettuce and mushrooms. What else will Ella need for her sandwich?

- Chips
- Cake
- Bread
- Potatoes

Have you ever made a sandwich? What did you put in your sandwich?

4. Harriet is helping her mum bake a cake. They have a list of ingredients and instructions. This is called the _____.

- Manual
- Book
- Code
- Recipe

Do you like following recipes?

6. Harriet and her mum are making a cake. They put all the ingredients into:

- The bin
- A small saucepan
- A frying pan
- A mixing bowl

They can mix the cake by hand or with a food mixer

8. Tom and his dad are making bread at home. First they mix flour, water and yeast to make a _____.

- Dough
- Mess
- Cake
- Jam

Have you ever helped to make bread?

10. What must you do after you have finished cooking?

- Clean, wash-up and put everything away
- Leave everything for somebody else to do
- Go straight out to play
- Throw everything in the bin

Are you good at clearing up after yourself?